

# JAMY BECHLER

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"Success is a Choice" | [JamyBechler.com](http://JamyBechler.com)

## FOR IMMEDIATE RELEASE:

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## Student-Athlete of the Year Award Winners Announced

*The Leadership Playbook announces the 2021-2022 Student-Athlete of the Year Award Winners*

Akron, OH: [TheLeadershipPlaybook.com](http://TheLeadershipPlaybook.com) has announced their 2021-2022 Student-Athlete of the Year recipients. The award honors those individuals exemplifying sportsmanship, positive leadership, or good teamwork.

The 2021-2022 Student-Athlete of the Year recipients are ...

- **H.S. Female:** Lauren Kenah, Souderton Area HS (PA)
- **College Female:** Andrea Morales, Rogers State University (OK)
- **H.S. Male:** Alex Long, Annville-Cleona HS (PA)
- **College Male:** Josh Ledgard, Marian University's Ancilla College (IN)

[TheLeadershipPlaybook.com](http://TheLeadershipPlaybook.com) helps athletic departments and sports teams build stronger cultures by developing better teammates and more positive leaders. As part of the online curriculum, the program has hundreds of two-minute video lessons to increase a person's leadership abilities and develop life skills.

The program was developed by [Jamy Bechler](#), a former college basketball coach and high school athletic director. Bechler is now a professional speaker, leadership consultant, and host of the "[Success is a Choice](#)" podcast. He is also the author of four books, including [The Bus Trip](#) and [The Captain](#).

"Our current students are the future mothers, fathers, husbands, wives, business people, educators, and leaders in our communities", said Jamy Bechler, founder of [TheLeadershipPlaybook.com](http://TheLeadershipPlaybook.com). "Great teams have great teammates and though no leader is perfect, it's awesome to be able to recognize student-athletes trying to have a positive influence on their teammates and friends. There were so many deserving student-athletes nominated by their coaches, administrators, teammates, and in some cases, even competitors from other schools. It's encouraging to see so many young people doing great things in their communities and schools."

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